

Programme



HEART SOUTH WEEKEND RETREAT

FRI	5:30 PM	Arrive & Register
	7:15 PM	Welcome & Worship - Session 1 <i>Let's give the Shepherd His job back - Janice Wills</i>
	9 PM	Supper
SAT	7 AM	PraiseMoves - Scripture-based Exercise
	8 AM	Breakfast & Arrival of Day Visitors
	9 AM	Worship & Notices - Session 2 <i>Peace Like A River - Janice Wills</i>
	10:30 AM	Morning Tea
	11 AM	Workshops Part 1
	12:15 PM	Lunch
	1:30 PM	Workshops Part 2
	2:30 PM	Free Time & Activities (See back cover)
	5:30 PM	Dinner
	7 PM	Rest for Your Soul: Evening of Stillness
	8:30 PM	Supper & Connection
SUN	8 AM	Breakfast
	9 AM	Workshops Part 3
	10:15 AM	Morning Tea - Pack up & Clean rooms
	11 AM	Worship & Announcements - Session 3 <i>Peace for a Warrior - Laretta Dunkirk</i>
	12:30 PM	Lunch
	1:30 PM	Cleaning all areas - Please do help!
	2 PM	Retreat ends

LIVING SPRINGS, CHRISTCHURCH

Please note: The Swimming Pool will be open at 6:30-8am and 2-5pm.